

TRANSFORMING FROM
DARKNESS TO LIGHT:
EMERGING FROM A PANDEMIC



**Chrysalis
Center**

Getting Help...Getting Better...Giving Back.

A MESSAGE FROM
CHRYSALIS CENTER
BOARD CHAIR & CEO



Dear Friends of Chrysalis Center,

This year has certainly been a time of challenges and change here at Chrysalis Center. These have been extraordinary times – for the entire world, but also for us as an organization. While our quality of care remains high, how we provide our services is evolving to meet the needs of our clients.

What has not changed is our commitment to caring for our community. At Chrysalis Center, we never missed a single day of service throughout the entire pandemic. Our lights were always on. While many organizations could no longer provide the timely, full array of services that was business as usual, we never stopped working for the individuals and families who needed us most. We had to re-imagine how we could continue to provide affordable homes, nutritious food, and mental health, addiction, and other services for our clients. We continued our fight against food insecurity. We expanded our hydroponics grow center, which provides fresh lettuce, basil and microgreens used in La Cocina, our Culinary Arts Training Program and distributed it to the community through Freshplace and our Homestead Farmers' Market. We increased our production of fresh fruits and vegetables in our Food Forest at our Cosgrove Commons supportive housing property. This sustainable and edible forest is a first in Connecticut and one of the first such garden properties in New England. When COVID closed our TCC (Training & Conference Center), we pivoted and emphasized our La Cocina catering which provided delicious food and a source of revenue in a safe, responsible manner. We also completed Clover Gardens, a 32-unit housing project which included three gorgeous, fully restored historic mansions, transforming the Asylum Hill neighborhood, and brought much-needed affordable housing to Asylum Hill.

Our programs continued to operate, despite the pandemic. Funders continued to support us; staff continued to deliver critical services to our clients. This is our mission and our responsibility, and we are proud of the work that we do and what we have accomplished.

2,189 lives were improved during fiscal year 21-22, because of the guidance and services provided by the Chrysalis team.

As 2022 comes to a close, we extend our thanks and appreciation to our employees for their continuing dedication to the individuals and families that we serve, and to the Chrysalis Center mission. Because of the continued support from our generous volunteers, donors, and supporters, Chrysalis Center emerged from the pandemic as a stronger, more adept organization. Together, we have made it through this unimaginable time, and, with your continuing support, we look forward to an even brighter future.

Sincerely,

Jean K. Wagner
Chair, Board of Directors

Sharon L. Castell
Chief Executive Officer

COMMUNITY SUPPORTIVE HOUSING

BOS 134

(NEW BRITAIN, WATERBURY,
STAFFORD SPRINGS)

BOS 193

(HARTFORD, MERIDEN, NEW BRITAIN)

COLUMBUS COMMONS (NEW BRITAIN)

11 CROWN ST (MERIDEN)

COMMUNITY HOUSING AND HEALTH SERVICES (GREATER HARTFORD)

COURTLAND ARMS (NEW BRITAIN)

COMMUNITY INTEGRATION SERVICES (GREATER HARTFORD)

CONNECTICUT COALITION ON RE-ENTRY (FORMERLY FUSE) (GREATER HARTFORD)

COSGROVE COMMONS (HARTFORD)

FAMILY MATTERS (GREATER HARTFORD)

GRANTS FOR THE BENEFIT OF HOMELESS INDIVIDUALS (STATEWIDE)

HUDSON VIEW COMMONS (HARTFORD)

LEGION COURT (HARTFORD)

LIBERTY GARDENS (HARTFORD)

NEXT STEPS (GREATER HARTFORD)

OAK TREE VILLAGE (GRISWOLD)

PATRIOTS LANDING (ROCKY HILL)

PHELPS VILLAGE (VERNON/ROCKVILLE)

PROJECT H.E.A.R.R.T (STATEWIDE)

ST. PHILIP HOUSE (PLAINVILLE)

THE ELMS (BRISTOL)

VETERANS SUPPORT SERVICES (GREATER HARTFORD)

VICTORY GARDENS (NEWINGTON)

WALKING INTO WALL STREET (WATERBURY)

WOODLAND SPRINGS (STAFFORD SPRINGS)



Community Supportive Housing

Chrysalis Center, through our Community Supportive Housing Programs, focuses on the critical and growing issue of homelessness in our communities. For more than 20 years, we have provided a home to individuals and families struggling with homelessness, mental illness, substance use, Veterans, HIV/AIDS, families involved with DCF and those returning from incarceration. Chrysalis provides support services to address the issues that caused participants to become homeless, which helps to foster long-term housing stability.

At Chrysalis Center we know that life events can often cascade into homelessness, which can exacerbate physical well-being, mental health, and substance use issues, making securing long-term housing virtually impossible. By providing a network of supportive services, our Community Supportive Housing programs help individuals and families secure safe and affordable housing, and work toward resolving/managing the issues that led them to homelessness. The goal of all our Community Supportive Housing is to help clients find and maintain stable housing long term.

Pictured above: Carmen meets with her case manager, Becky.

After her marriage ended and medical issues left her unable to find work,

Carmen

found herself and her two young daughters homeless.



After spending time in a shelter, Carmen was referred to Chrysalis Center and was quickly moved into a warm and comfortable home in North Village Apartments (Middletown).

With the help of her case manager, Becky Wilmot, Carmen was then able to stabilize her family and seek treatment for her medical problems.

During the pandemic, Carmen faced difficulties in accessing community resources for things such as food and clothing. At times she was unable to go to the grocery store because her own family was sick. Chrysalis was able to step in and provide food through the Freshplace food pantry. Carmen was also able to access clothing for her family and toys for her children. Becky continues to provide Carmen with support in navigating SNAP, rental assistance, and additional help for her daughters.

Carmen feels very fortunate to have Becky and Chrysalis Center in her life.

COMMUNITY SUPPORT SERVICES & CASE MANAGEMENT

COMMUNITY SUPPORT PROGRAM (CSP)

COMMUNITY TRANSITIONAL SERVICES (CTS)

ST. PHILIP HOUSE

Community Support Program and Case Management

Community Support Services & Case Management is the organization's original program and focuses on providing individualized support for individuals who have a variety of mental health diagnoses, many with co-occurring substance use. Our staff provide unique and personalized care to assist participants and help them to live life well. With the support of this personalized model of services, individuals with severe and prolonged mental illness can lead stable, independent lives in their own home and the community.



Pictured above: During the pandemic, Chrysalis Center case managers met with clients on our open air patio.

Pictured below: A staff member works with Chrysalis Center clients on resume building and job searches.

COMMUNITY EMPLOYMENT SERVICES

EMPLOYMENT & RECOVERY NETWORK (EARN)



Community Employment Services use an evidence based, best practice model to provide individuals who have psychiatric diagnoses with intensive support to help build skills and knowledge, so they can improve their job and career path. Staff work in partnership with the individual to meet their goals based on their strengths, needs, abilities and preferences. Services include career exploration, soft skills training, job leads/contacts, employment trainings, mock interviewing, job development and job seeking supports.

RECOVERY SERVICES

RECOVERY & EMPOWERMENT CENTER (REC)



Pictured above: The Hartford Symphony Orchestra visits weekly to offer musical enrichment for clients.

Pictured at right: Clients have the opportunity to utilize Chrysalis Center's state-of-the-art fitness center.

At Chrysalis Center, **Recovery Services** are tailored to create social support, peer engagement, employment and leadership skills for individuals who struggle with severe and prolonged mental illness. Through our **Recovery and Empowerment Center (REC)**, individuals receive a variety of social, recreational and wellness opportunities, job training, education, as well as advocacy and empowerment activities.

Clients gather in the REC to enjoy programs and socialize in a safe environment. Whether it's working with a volunteer on their resume, participating in a journaling or mindfulness class or celebrating each other's achievements, clients are learning how to live a better life in recovery.

As one of the State's leading organizations serving Connecticut's population living with mental illness and returning from homelessness, Chrysalis Center provides opportunities for individuals to become self-sufficient and independent. On-the-job training programs and links to employment opportunities in the community is vital for individuals to become employed and independent.

FOOD HUB

FRESHPLACE

HOMESTEAD FARMERS' MARKET

FOOD FOREST AT COSGROVE COMMONS

RAILWAY GARDENS

URBAN ROOTS

(HYDROPONIC GROW CENTER)

LA COCINA CULINARY ARTS TRAINING PROGRAM & LA COCINA CATERING

TCC

(TRAINING & CONFERENCE CENTER)



Pictured above: Our Freshplace manager assists a Chrystalis Center member with bi-weekly food shopping.

Every day more than 100,000 individuals living in Greater Hartford go to bed hungry; 28,000 of these are children under the age of 18. Poverty is one of the leading causes of why families have food insecurity. Twenty-eight percent of Hartford residents live at or below the poverty threshold, almost triple the statewide average. In North Hartford, this number increases to 50%, where families live in areas known as food deserts, with limited access to affordable and nutritious foods. Larger grocery stores are a bus trip outside the neighborhood and finding wholesome and healthy food is not only difficult, but near impossible.

Chrysalis Center's Food Hub includes a variety of programs and initiatives which address the critical issue of food insecurity and lack of fresh and nutritious foods in the community through innovative and hands-on approaches:

- **Freshplace** – Freshplace is an innovative client-choice, fresh food and case management food pantry located on our main campus in Hartford. Freshplace serves up to 100 families living in the poorest neighborhoods in the North End of Hartford. Freshplace's mission is to build long-term food security and self-sufficiency by providing individuals with access to fresh and nutritional foods and case management services to address both the immediate need of hunger and the root causes of food insecurity – poverty. Case Management services are mandatory for each Freshplace client and are the heart of the program to strengthen their individual economic stability. The case manager meets with clients, or as they are called "members", to set and achieve goals to address the underlying causes of hunger (such as generational poverty, unemployment, limited education, lack of stable housing, debt and limited health care) and link them to resources in the community to break the cycle of dependence and other negative health and social outcomes associated with hunger. After reaching their individualized goals, Freshplace members have a better chance of eliminating hunger in their household and increasing their family's economic self-sufficiency.



- **Food Forest at Cosgrove Commons** – As part of Chrysalis Center’s ongoing commitment to creating innovative approaches to helping people overcome hunger and poverty, the Food Forest at Cosgrove Commons became the first enterprise in CT and one of the first in New England to build a sustainable and edible food forest. Through careful planning and land management, this two-acre forest is located in the South End of Hartford and includes fruit and nut trees, shrubs, herbs, vines, raised bed gardens for seasonal planting and perennial vegetables. The forest is maintained by residents of our supportive housing site and volunteers providing delicious and healthy food choices for clients.
- **Homestead Farmers’ Market** - An open-air, Connecticut-grown farmers’ market open to the public from June through October, Chrysalis Center’s Homestead Farmers’ Market is located on our main campus in Hartford. It offers vegetables and fruits culturally relevant to the community, featuring Urban Roots, Railway Gardens and Food Forest fruits and vegetables, as well as produce from local community farmers. La Cocina baked goods are often available, as well.
- **Railway Gardens** - Chrysalis Center’s on-site raised garden beds, provide fresh produce for clients seasonally. Comprised of 32 raised beds located adjacent to the upper parking lot of 255 Homestead Ave, the beautiful gardens are maintained by volunteers and clients. The gardens provide an additional source of healthy foods, while engaging many community volunteers in our mission. Produce from Railway Gardens benefits Freshplace, Homestead Farmers’ Market, La Cocina and the TCC (Training & Conference Center).
- **TCC (Training & Conference Center)** - Chrysalis Center is home to the TCC (Training & Conference Center), Hartford’s premiere training and conference facility. Housed in the historic former Sealtest Dairy building located at our 255 Homestead Avenue campus, TCC offers businesses a unique and technologically advanced conference center designed to meet every need. With meeting space for up to 300, the state-of-the-art TCC provides in-house catering, ample free parking, and complete Wi-Fi, Audio/Visual and technical assistance capabilities. Since its opening in 2010, the TCC has hosted approximately 200 events annually and has built a robust returning customer roster. La Cocina Catering is the main caterer for the TCC.

(continued on page 8)



Pictured: Megan Joseph, Urban Farming Coordinator

- **Urban Roots Hydroponics Grow Center** - Hydroponics is a form of gardening that does not use soil, but instead grows plants in a solution of water and nutrients. Literally meaning, “working water,” the Urban Roots Hydroponics Grow Center produces numerous varieties of lettuce, basil and microgreens which are used daily in La Cocina and distributed to the community through Freshplace and the Homestead Farmers’ Market. Harvested in a controlled environment, lettuce and other vegetables grown in Urban Roots are available year-round, and are toxin and pesticide-free, thus improving the community’s health and providing fresh and nutritious vegetables to individuals and families living in Hartford’s food desert throughout the year.



La Cocina Culinary Arts Training Program provides a beneficial opportunity for participants to gain marketable job skills and, at the same time, generates significant funds for Chrysalis Center through catering services.

- **La Cocina Culinary Arts Training Program & La Cocina Catering** - Two unique social enterprise initiatives, which provide hands-on job training skills for individuals who desire employment in the culinary arts and hospitality fields. Chrysalis's catering program provides delicious foods with a socially conscious mission. The programs utilize fresh produce grown in Urban Roots and our gardens, teaching clients how to prepare a variety of foods for the community. Both programs generate funds for the organization, while offering real life experience for individuals who may otherwise not have the opportunity to train in a commercial kitchen. La Cocina is the onsite caterer for the TCC.

FINANCIAL
REPORT

FINANCIAL STATEMENT

FOR THE YEAR ENDING JUNE 30, 2022

OPERATING REVENUES:

Grants and Contracts	10,062,778
Development and Fundraising	295,276
Other Income	466,976
Client Reimbursements	39,166
Release from Restrictions	-
Total Operating Revenues	10,864,196

OPERATING EXPENSES:

Community Case Management	1,804,069
Recovery and Empowerment Services	906,784
Community Employment Services	656,647
Community Supportive Housing	5,901,124
Food Hub	268,275
Total Service Expense	9,536,899

Administrative and General & Fundraising Expense	1,874,501
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Total Operating Expense	11,411,400
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Change in operating unrestricted net assets	(547,204)
Paycheck Protection Program	790,886
Capital Grants and Contracts	123,168
Depreciation	-
Revenue Over/(Under) Expenses	366,850

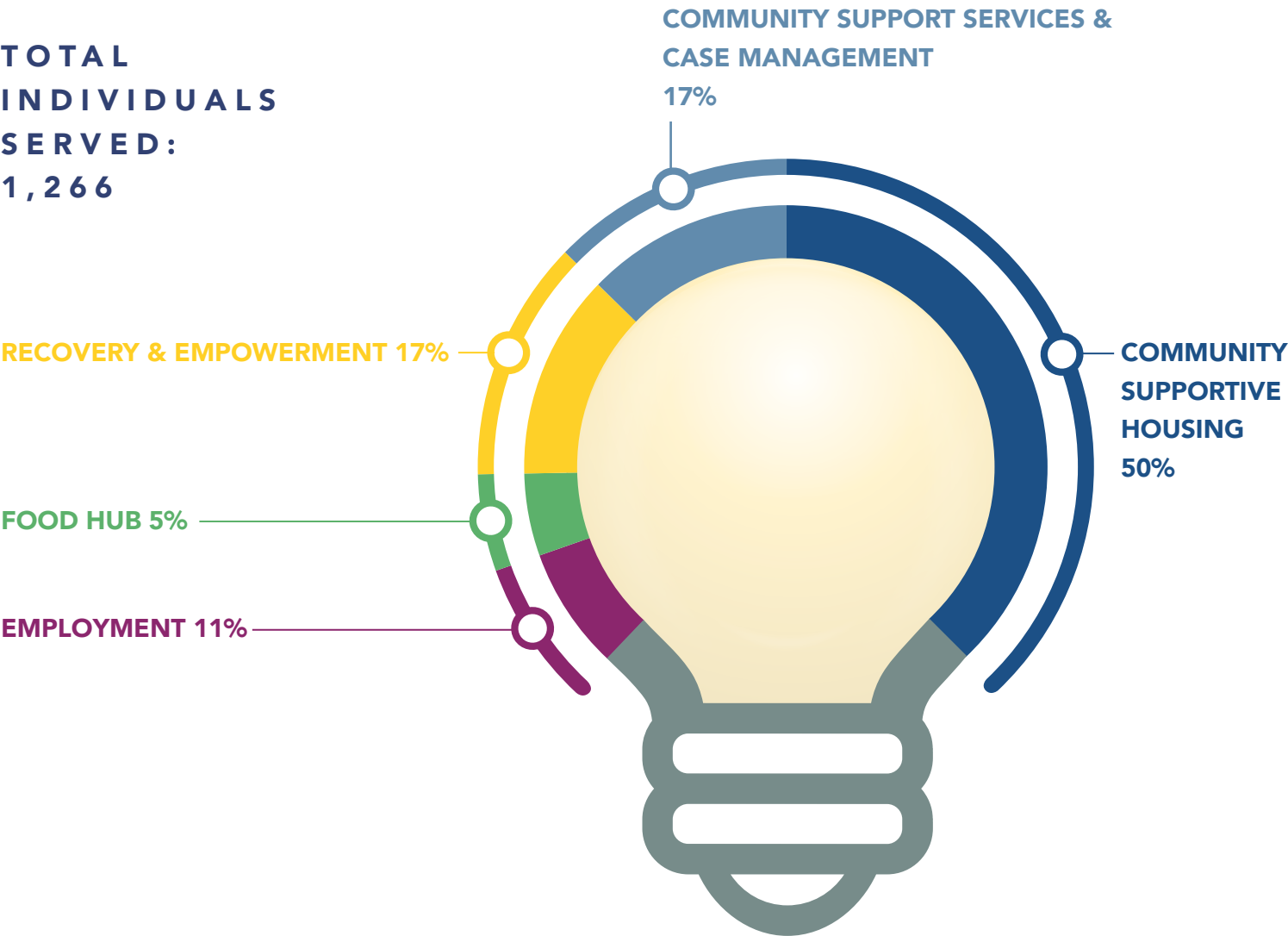
Change in Net Assets	366,850
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Net Assets, beginning of year	3,797,383
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Net Assets End of Year	4,164,233
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SERVICE
DEMOGRAPHICS

TOTAL
INDIVIDUALS
SERVED:
1,266



INDIVIDUALS AND
FAMILIES RECEIVED OR
REMAINED IN
A PLACE TO CALL HOME



DIRECT SERVICES
WERE PROVIDED
TO INDIVIDUALS
AND FAMILIES



MEALS WERE
PROVIDED THROUGH
OUR FOOD HUB
PROGRAMS



Chrysalis Center Housing Development Corporation (CCHDC) is a private 501(c)3 housing development organization, established in 2022, that positively transforms urban and rural environments by developing affordable housing throughout Connecticut. CCHDC focuses on building housing for the underserved and creates quality housing throughout Connecticut that is safe and affordable and fosters a sense of home to create a healthy living environment.



Chrysalis Center Main Campus | Hartford

The former Sealtest milk dairy was rehabilitated into the Corporate Headquarters of Chrysalis Center.



Chrysalis Center Real Estate Corporation (CCREC) is a 501(c)(25) tax exempt real estate holding corporation for residential and commercial properties and assets.



Satellite Office | Waterbury

The former VFW Post 201 renovated property now houses Chrysalis Center staff serving the Waterbury, Torrington, and Litchfield areas.



28 homes

Hudson View Commons | Hartford

28 one-bedroom units.



24 homes

Cosgrove Commons | Hartford

24 one-bedroom units, 18 units for Veterans.



10 homes

Liberty Gardens | Hartford

10 two- and three-bedroom units.



9 homes

The Elms | Bristol

9 units, 4 one-bedroom, 5 studios for Veterans.



12 homes

Legion Court | Hartford

12 two-bedroom townhouse units.



21 homes

Phelps Village | Rockville

21 one-bedroom units for Veterans.



24 homes

Courtland Arms | New Britain

24 one-bedroom units, 4 units for Veterans.



9 homes

St. Philip House | Plainville

8 one-bedroom units and one house for families.



10 homes

North Village Apartments | Middletown

10 two & three-bedroom units for families.



32 homes

Clover Gardens | Hartford

32 studio, one, two & three bedroom units of affordable housing.

DONOR RECOGNITION

For the year ending
June 30, 2022

CHRYSLIS CENTER
is grateful and proud
to acknowledge support
from the following
individuals, businesses,
foundations, churches and
friends in the community
for their contributions
during our 2021-2022
fiscal year. Many thanks
to all our supporters
whose generosity enables
us to continue our mission.



*THANK YOU to Mark Ryan and his
team at Connecticut Distributors Inc. -
Vanguard Division for their donations
of soap, deodorant, and assorted
toiletries.*

\$5,001 and above

Advanced Behavioral Health, Inc.
Beatrice Fox Auerbach Foundation Fund
Stanley and Janet Cohen
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CVS Health Foundation
CVS/Aetna, Inc.
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\$1,001 - \$5,000

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AOS - Advanced Office Systems
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Connecticut Housing Finance Authority
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Tobias Wasser
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\$51 - \$100

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\$1 - \$50

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William Wilson
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Danielle Zercie

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Amazon Workforce Staffing
Angel of Edgewood
Annunciation Parish
Arch Reinsurance Company
Aztech Engineers, Inc.
Beautiful People Salon
Gregory and Julie Beers
Beth El Temple of West Hartford
Pam Blass
Bob's Discount Furniture
Charitable Foundation
Amy Boulton
Patty Boyer
Bramble Ceramics
Beth Brigham
Johanna Cahill
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CDI - Vanguard Division
Central Rock Gym - Glastonbury
Commprise, Inc.
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Crafts Group, LLC.
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East Hartford Scout Shop
Exchange Club of Rockville
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G Fitness
Katherine Gallagher
GEI Consultants, Inc.

David and Adria Giordano
Glazed - Pottery Painting and Art Studio
Carol Goldstein
Hartford Financial Services Group, Inc.
Hartford Flavor Company
Hartford Job Corps Academy
Hartford Marriott
Hartford Wolf Pack
Hartford Yard Goats
Taylor Hayes
Headline West
Hoffman Auto Group
Donna Judge
Junior League of Hartford, Inc.
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Caroline Kent
Deirdre King-Hooge
Knox Parks Foundation, Inc.
Cindy Kowalczuk
Thomas Kullgren
Judy Lackey
Robert and Carol Larco-Murzyn
Matthew and Heather LeBlanc
Lennard Lector
Loreal USA
Lyman's Orchards
Manchester Elks Lodge 1893
Christopher Marcinkewicz
Alison Marsh
McBride Wayside Carpet Company, Inc.
Ellen McCusker
Deb McGrath
Victor and Kathleen Mitchell
Amanda Morillo
Melinda Morrison
New Britain Museum of American Art
New England Patio and Hearth
Noah Webster House and
West Hartford Historical Society
Paul Bailey Architect, LLC
Peppercorn's Grill
Janet Porriello
Liz Porter
Radius Health, Inc.
Paul and Pat Rotham
Mary Rogers
Anastasia Roussis
S.I.N. Fitness
Salute
Toni Schnur
Pat Scully
Nancy Shepard
Shiny Spa and Nail
Kristen Siddell
Ski Mount Southington
Solomon Schechter Day School
Somers Congregational Church
Michael Sorensen
St. Peter Claver Church
Stoneware Alchemy Ceramics
Kathleen Sumislaski
Summergreen Pottery
Sundance Salon and Spa
Swan Boats Inc.
William and Jane Tait
Joy Taylor
Terry Gerstung
The Capital Grille

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In-Kind

(continued from previous page)
The Claypen and The Firestone
The Hartford
The Institute of Contemporary
Art/Boston
The Ivy at Ellington
The Village for Families and Children
The Wise Old Dog
Tolland Community Women's Group
Total Wines and More
Tracy and Company
Travelers Employees' Club
Tri-Town Gymnastics Centre, Inc.
Uberdog
United Healthcare
United Sewing and Design, LLC.
USI Consulting Group
Vernon Grange #52
Sandra L. Vinton
West Hartford Co-working
West Hartford Senior Center
Westmoor Park Community Garden
Whitecrest Eatery
Whittlesey
Sharon Williams
Women's Club of Enfield, CT
World Market

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Sharon L. Castelli
James Christopher
George Clinton, III
Gregory J. Coleman
Mark Dodd
Edward S. Dzubak
Susan Hatters Friedman
Richard Frierson
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Louis G. Amodio, Jr.

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In Memory of Elizabeth Boukus
Gary Boukus

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Larry D. Campbell
Richard Sevigny

In Memory of Michael Cohen

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Petit Family Foundation

In Memory of Christopher Rhule
Gary Rhule
Donna Ricketts

In Memory of Mark Solazzo
Marion Solazzo

In Memory of Brad Troxell
Sharon Williams

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In Honor of Jim Christopher
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In Honor of Roland Fee
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**In Honor of Judges and Judge
Trial Referees of the Connecticut
Appellate Court**
Deborah Pakalnis

In Honor of Marcia Lattimore
Kenneth Lattimore

In Honor of Kathy Mitchel
Kimberly Carmelich

In Honor of Danielle Thornton
Katrease Rogers

In Honor of Saraya Wise
Katrease Rogers

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