



Volunteer Voice

Newsletter for and about Chrysalis Center Volunteers

Chrysalis Center's mission is to provide supportive services to assist people in need to transform their lives.

Getting Help...Getting Better... Giving Back.

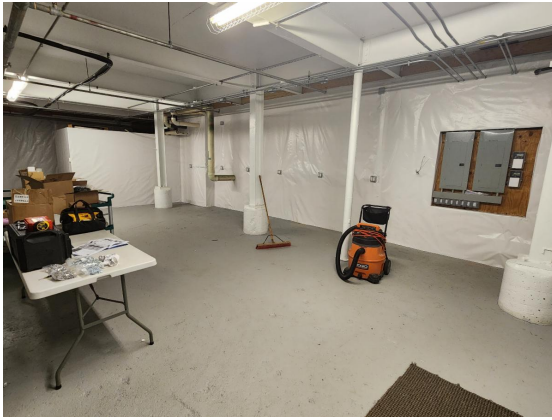


Earnest Young



Food Forest at Cosgrove Commons

Volunteer groups have been hard at work helping to transform the Food Forest at Cosgrove Commons. Spring cleaning started in full swing as folks helped clear debris, bag leaves and prepare the plot for planting. With the help of many volunteers, we have completed the planting of a hedge row to surround the two-acre area. The new plants help to beautify the space, aid in privacy and entice the bees with extra pollinator plants. Chrysalis Center is excited to continue transforming the space this summer by adding an irrigation system and installing raised beds for gardening.



Check out our Latest Addition to Hydroponics

Chrysalis Center's Hydroponic Grow Center is growing... pun intended! Pictured above are before and after pictures of our new Hydroponic Bucket Room. In a mere three months, Chris Verni, Urban Farming Manager, with the help of some amazing volunteers, has transformed this space with the addition of 11 bucket system units. With the high tech light source installed, vegetables are growing faster than ever! This bucket system allows us to grow vine growing vegetables such as cucumbers and tomatoes. Chrysalis Center is excited to be able to share the produce with our clients, La Cocina, Freshplace Market and our Homestead Farmers Market!



Get Involved

Top volunteer opportunities this month.

Volunteer Opportunities

Railway Gardens & Food Forest at Cosgrove Gardens

Chrysalis Center has gardens on its main campus, and a two-acre Food Forest at Cosgrove Commons, our supportive housing site, both located in Hartford. Volunteers help the gardens thrive by assisting with planting and harvesting produce, as well as general upkeep. Opportunities are available through the fall!

Supportive Housing Programs (Locations Vary)

Chrysalis Centers housing residents love summer BBQ's, bingo, and other activities. These events are held at our various housing locations. Throughout the season, Chrysalis Center looks for volunteers and groups who are interested in hosting a fun event by giving back to our amazing residents.

Host a Donation Drive

Hosting a food drive, or another type of collection drive for Chrysalis Center clients is a wonderful way to volunteer and give back to help others. Collection drives can consist of food, toiletries, gift cards or toys for kids. Contact our Volunteer & Outreach Manager at clogan@chrysaliscenterct.org to talk about what our most current needs and schedule a time for drop off.

Holiday Events

Chrysalis Center hosts its Turkey Pick-up Day the week prior to Thanksgiving. Volunteers are needed to help pack food bags and help distribute turkeys and all the Thanksgiving fixings.

Over the holidays, Chrysalis Center helps to provide gifts for children. Please consider hosting a donation drive to collect toys for children ages 0-12, and Target and Walmart gift cards for children 12 and older. Help to make the holiday season bright and filled with joy!

If you are interested in helping with either of these holiday events, contact our Volunteer & Outreach Manager.

Visit our website to find full listing of our ongoing opportunities.
Or contact Volunteer & Outreach Manager, Chelsey Logan at
clogan@chrysaliscenterct.org

[Volunteer Opportunities](#)



Volunteer Spotlight - Corporate - Intact Insurance



Thank you to **Intact Insurance** for partnering with Chrysalis Center for a day of community service! Three employees (pictured above) joined us to help spread some joy. **Intact** employees hosted a luncheon with Chrysalis Center Veterans to build a sense of community. With housing sites in Hartford and surrounding towns, Chrysalis Center is always looking for volunteer groups to help host lunches, BBQ's, game afternoons, fishing trips etc. We are so grateful that **Intact** reached out to get involved to support our mission. They enjoyed it so much they have already scheduled another service day in July. We are excited to work with you again soon!

Group Opportunities

Chrysalis Center has many opportunities for groups of all sizes to come together to help the community while team building! We are always excited to work with existing partnerships and grow new relationships within the community. Volunteers, such as employees from



Resolution Life (pictured to the right) lent a hand cleaning and organizing the Butterfly Boutique, and learned all about our housing clients that benefit from the donations received. Chrysalis Center will work with groups to find the best project based on groups interests, group size and desired schedule.

Thank you to all the groups who have helped this spring: **Travelers, Eversource, Saputo Dairy, Earnest and Young, Raytheon Technologies, WTW, Aspen Insurance, Resolution Life, UConn, United Health Care, Northfield Insurance, Day Pitney and Intact Insurance!**

Upcoming Events



Homestead Farmers' Market is NOW OPEN!

Visit the Homestead Farmers' Market every Wednesday from 1:00 p.m. - 4:00 p.m. until October in the upper parking lot of 255 Homestead Avenue in Hartford. The Homestead Farmers' Market offers fresh produce, vegetables, and herbs grown onsite in Chrysalis Center's gardens and Urban Roots Hydroponic Grow Center, fresh baked goods made by La Cocina, and features guest vendor items weekly from local farms!

*Weather permitting. Check out Chrysalis Center's social media pages for weekly updates.

Hartford Marathon

We are proud to be an official charity partner of the Eversource Hartford Marathon and Half Marathon! We welcome participants to join our team and use the marathon, half marathon, Team 26.2 relay or Charity 5K as a fundraiser for Chrysalis Center! Additionally, participants may choose to support our team by volunteering or by adding a charity donation through their registration, or donate directly through our fundraising page. Help us reach our goal at the 30th running of the Eversource Hartford Marathon and Half Marathon on Saturday, October 14. More than \$8.9 million has been raised for local charities since the event began in 1994!



**Sign up to Run, Walk or
Relay!**

Interested in volunteering?

Email clogan@chrysaliscenterct.org to learn more and sign up!

Butterfly Bash

Mark your calendars for October 19th, 2023! Amazing auction items and mission focused programming makes the Chrysalis Center Butterfly Bash the can't miss event of the year!

We can't wait to see you at this years Butterfly Bash, being held at The

Society Room.

If you would like to join Chrysalis Center's Honorary Committee, or become a Sponsor please contact Lauren Schleicher, Director of Development & Communications by email lschleicher@chrysaliscenterct.org or phone 860-263-4425.

SAVE THE DATE

19th Annual Chrysalis Center Butterfly Bash



Thursday, October 19, 2023
Society Room, Hartford



About Chrysalis Center

Chrysalis Center is a private, non-profit, socially innovative, multiservice organization that serves individuals and their families living in the State of Connecticut. Chrysalis Center helps those living in poverty, Veterans, men, women, children, and young adults who are struggling with mental health, addiction, HIV/AIDS, homelessness, and those returning from incarceration.

Find more information about how Chrysalis Center provides supportive services to assist people in need to transform their lives at: [Chrysalis Center](#).



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