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Chrysalis Center's 6th Annual "Empty Bowls" TONIGHT Brings Awareness to Hunger in Connecticut

Hartford - Chrysalis Center will host its 6th Annual "Empty Bowls" event tonight as part of an international effort to bring awareness to local communities, particularly in Connecticut where one in five children are hungry.

The event will be held from 5:00 p.m. to 7:00 p.m. at the Chrysalis Center's TCC (Training & Conference Center) located at 255 Homestead Avenue in Hartford.

For a donation of \$20 (\$5 for children under 12), guests attending the event will enjoy a simple, yet delicious bowl of soup, salad, homemade bread and dessert prepared by Chrysalis Center's La Cocina culinary arts training program. Each guest will leave with a handcrafted bowl, donated by local artisans. The bowl serves as a reminder of hunger in our community and throughout the world.

All proceeds raised from Empty Bowls will support Freshplace, Chrysalis Center's innovative fresh food pantry, which provides fresh food and case management services for 100 families living in the poorest neighborhoods in Hartford.

Chrysalis Center is grateful to WFSB Channel 3 News for partnering as the Media Sponsors and to the Avon-Canton Rotatory Club for its generous sponsorship. WFSB Reporters Jennifer Lee and Carolina Cruz will be on hand to serve soup to guests.

Empty Bowls is an international grassroots initiative focused on combating hunger. Chrysalis Center supports the initiative by bringing awareness to the issue of hunger facing our neighbors throughout the state, particularly those living in the "Promise Zone", the federally recognized neighborhoods in Greater Hartford where nearly 50% of the residents live at or below the poverty line.

This family friendly event is open to the public, and has free and ample parking. Ticket are still available and can be purchased online at chrysaliscenterct.org/events.

To learn more about Empty Bowls or sponsorship information, please contact Ellen Laramie at elaramie@chrysaliscenterct.org or call (860) 263-4419.

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About Chrysalis Center

Chrysalis Center is a private, non-profit, socially innovative, multiservice organization that serves individuals and their families living in the State of Connecticut. Chrysalis Center helps those living in poverty, Veterans, men, women, children, and young adults who are struggling with mental health, addiction, HIV/AIDS, those returning from incarceration and homelessness. Find more information about how Chrysalis Center provides supportive services to assist people in need to transform their lives at: [Chrysalis Center](#). Getting help...Getting better...Giving back.

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