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**Chrysalis Center to Host Annual “Empty Bowls” Event  
To Increase Awareness of Hunger in Connecticut**

**Hartford** - Chrysalis Center will be hosting its 6<sup>th</sup> Annual “Empty Bowls” Event on Wednesday, March 27, 2019 from 5:00 p.m. to 7:00 p.m. on site at the TCC (Training & Conference Center), 255 Homestead Avenue in Hartford.

Empty Bowls is an international grassroots effort to fight hunger. Chrysalis Center supports this initiative while bringing awareness to this issue facing our neighbors throughout the state, particularly those living in the “Promise Zone”, the federally recognized neighborhoods in Greater Hartford where more than 33% of the residents live at or below the poverty line.

Each guest will enjoy a bowl of gourmet soup, salad and homemade bread prepared by Chrysalis Center’s La Cocina Culinary Arts Center, as well as leave with a handcrafted bowl, donated by local artisans, including Doug Kobs of Vernon, the Greater Hartford Academy of the Arts-Visual Arts Department, Rockville High School and Summergreen Pottery.

This family friendly event is open to the public.

Tickets are \$20.00 for those over 12 years old, \$5 for children and under 3 is free. Advance registration is required, and tickets must be purchased online at [Chrysalis Center Empty Bowls Registration](#) or by visiting [www.chrysaliscenterct.org](http://www.chrysaliscenterct.org)

To learn more about this event or sponsorship information, please email [Ellyn Laramie](#) or call (860) 263-4419.

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**About Chrysalis Center**

Chrysalis Center is a private, non-profit, socially innovative, multiservice organization that serves individuals and their families living in the State of Connecticut. Chrysalis Center helps those living in poverty, Veterans, men, women, children, and young adults who are struggling with mental health, addiction, HIV/AIDS, those returning from incarceration and homelessness. Find more information about how Chrysalis Center provides supportive services to assist people in need to transform their lives at: [Chrysalis Center](#). Getting help...Getting better...Giving back.

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