

PRESS RELEASE

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For Immediate Release: March 22, 2017

4th Annual “Empty Bowls” Fundraising Event Hosted by Chrysalis Center

Hartford - Chrysalis Center, Inc. will be hosting their 4th Annual “Empty Bowls” Event on Wednesday, March 29th, 5pm to 7pm, in their TCC (Training and Conference Center), 255 Homestead Avenue, Hartford. This event is a family friendly event and is open to all.

Adult tickets are \$20 and includes all you can eat soup and bread. In exchange for the donation, guests are asked to keep the bowl as a reminder of all the empty bowls in the world. New this year children 3-11 are \$5 for dinner and under 3 are free.

The soup will be served in handcrafted bowls created and donated by local artists, including Doug Kobs of Vernon, the Greater Hartford Academy of the Arts-Visual Arts Department, and Rockville High School. Additionally, Chrysalis Center, Inc. is happy to have The Rotary Club of Avon-Canton as a sponsor for the event.

New this year Chrysalis Center’s Urban Roots will be selling fresh hydroponic lettuce and microgreens along with La Cocina’s Olive Oil, Spaghetti Sauce and Soup Mix. We also will be offering tours of Urban Roots and Freshplace.

Empty Bowls is an international grassroots effort to fight hunger. Annually, Chrysalis Center supports this event to raise awareness of the issue of hunger, and raise funds to help benefit Chrysalis’ Freshplace program and La Cocina Culinary Arts program; as they work towards ending hunger and food insecurity in the Upper Albany, Clay Arsenal and Asylum Hill neighborhoods.

To purchase tickets to this exciting event, register online at <http://conta.cc/2lnpM3F> or contact Ellyn Laramie, Chrysalis Center Volunteer Manager, at 860-263-4419, or elaramie@chrysaliscenterct.org.

Chrysalis Center is a private, non-profit, socially innovative multiservice organization that serves individuals and families living in Connecticut. Follow us on Twitter: @ChrysalisHTFD, LinkedIn and Facebook: Chrysalis Center. (www.ChrysalisCenterCT.org)